



# The FOSTER Alliance

## Remote Volunteering Opportunities



### Phoenix

3110 E Thunderbird Rd  
Phoenix, AZ 85032



### Flagstaff

5200 E Cortland Blvd  
Flagstaff, AZ 86004



### New Mexico

P.O. Box 25365,  
Albuquerque, NM 87125



[TheFosterAlliance.org](https://TheFosterAlliance.org) | [@fosteralliance](https://twitter.com/fosteralliance) | 480-889-0604

# PERSONAL CARE KITS (BABY)



The Foster Alliance provides Personal Care Kits as a part of our Essential Services program. These kits make sure children in foster care have the important basic essentials they often leave home without.

*Personal Care Kits contain each item below in a small tote.*

## SUPPLIES

- ✓ 1 Baby diaper ointment
- ✓ 1 Baby lotion (8-12 oz)
- ✓ 1 Baby body wash and shampoo (8-12 oz)
- ✓ 2 Baby washcloth(s)
- ✓ Optional: 1 Bottle(s)
- ✓ Optional: 1 Soft baby brush
- ✓ Optional: 1 Diaper packet of wipes (smaller soft packaging)



Visit our wish list!



# PERSONAL CARE KITS (YOUTH)



The Foster Alliance provides Personal Care Kits as a part of our Essential Services program. These kits make sure children in foster care have the important basic essentials they often leave home without.

*Personal Care Kits contain each item below in a plastic shoe box with lid or drawstring bag.*



- SUPPLIES**
- ✔ 3-in-1 kids wash
  - ✔ Kids toothpaste (*full size*)
  - ✔ Toothbrush
  - ✔ Floss
  - ✔ Comb (boys)
  - ✔ Brush (girls)
  - ✔ Hair ties (girls)

Visit our wish list!



# PERSONAL CARE KITS (TEENS)



The Foster Alliance provides Personal Care Kits as a part of our Essential Services program. These kits make sure teens in foster care have the important basic essentials they often leave home without.

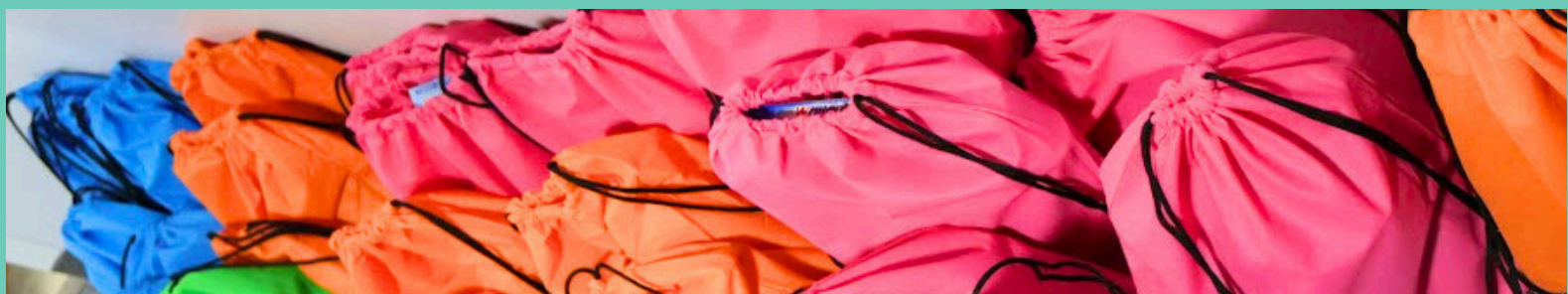
*Personal Care Kit includes each item below in a plastic shoe box with lid or drawstring bag.*



## SUPPLIES

- ✓ Deodorant
- ✓ Toothpaste (full size)
- ✓ Toothbrush
- ✓ Comb (boys)
- ✓ Hairbrush (girls)
- ✓ Body wash (12-16 oz)
- ✓ Shampoo (12-16 oz)
- ✓ Conditioner (12-16 oz)
- ✓ Floss

Visit our wish list!



# SELF CARE & BEAUTY KITS



The Foster Alliance provides self-care & beauty kits as a part of our Birthday Dreams program. These kits are a fun way for our teens to unwind and care for themselves. Everyone deserves to feel good on their birthday.



- TEEN BOY**
- ✔ Lip balms
  - ✔ Cologne/body Spray
  - ✔ Shave gels and foams
  - ✔ Aftershave
  - ✔ Lotions
  - ✔ Hair styling products (hair gel, spray)
  - ✔ Skincare (acne cleaners, moisturizers)
  - ✔ Deodorant

- TEEN GIRL**
- ✔ Lip balms
  - ✔ Nail care (files, polish, press-ons)
  - ✔ Hand and body lotions
  - ✔ Makeup (lip gloss, eyebrow pencils)
  - ✔ Makeup removers
  - ✔ Skincare (sheet masks, cleansers)
  - ✔ Hair accessories (scrunchies, clips)
  - ✔ Shower steamers
  - ✔ Cosmetic bags

*A Self Care or Beauty Kit includes at least (5) of the suggested items above in a make-up, toiletry, or drawstring bag.*



# ARTS & CRAFTS KITS



The Foster Alliance provides Art Kits as a part of our Birthday Dreams program. We want to encourage hobbies and creativity. What better way to do that than treating our youth and teens with an Art Kit?

*An Art Kit includes (5) of the suggested items below in a tote or drawstring bag.*



- SKETCH KIT**
- ✓ Sketch pencils
  - ✓ Sketch pad
  - ✓ Fabric/sketch Markers

- ART KITS**
- ✓ Paints
  - ✓ Brushes
  - ✓ Canvases

Visit our wish list!



# BIRTHDAY CARDS



The Foster Alliance provides a custom-decorated bag and a handmade card to make each child feel special and loved on their birthday. These items will be used for children and young adults turning 1-21 years old.



## SUPPLIES

- ✓ White cardstock
- ✓ Coloring supplies
- ✓ Stencils (if needed)

## INSTRUCTIONS

1. Fold the cardstock in half.
2. Create your card! The theme is up to you, just be sure to include "Happy Birthday" on the front of the card.
3. Write an uplifting birthday message on the inside of the card.
  - Do not include any messaging or images that depict violence or negativity.
  - Refrain from using any messaging or images with a religious connotation. See next page for examples.
  - Please do not sign the card.
4. Return in person or by mail the completed cards to The Foster Alliance.



# BIRTHDAY CARD MESSAGE EXAMPLES



☆ Happy Birthday! Another year, and you're just getting sweeter.

☆ Hoping your day is as special as you are!

☆ Close your eyes and make a wish. Someone as special as you deserves for it to come true!

☆ May your birthday be filled with smiles and cake. Wishing you the best!

☆ Celebrating another year of you! Happy Birthday!

☆ Happy birthday! May this year be the best one yet.

☆ Happy birthday! I hope all your birthday wishes and dreams come true.

☆ Hope your birthday is just like you...totally awesome.

# BIRTHDAY BAGS



The Foster Alliance provides a custom-decorated bag to make each child feel special and loved on their birthday. These bags will be used for children and young adults turning 1-21 years old. There is a \$2 donation for every bag picked up to cover material costs. *Bag quantity is subject to availability.*



## SUPPLIES

- ✓ White birthday bag (Youth turning 1-12)
- ✓ Tan birthday bag (Teens turning 13-21)
- ✓ Coloring supplies
- ✓ Stencils (if needed)

## INSTRUCTIONS

1. Decorate **both** sides of the white or tan bag.
2. Include "Happy Birthday" on at least one side of the bag.
  - Do not include any messaging or images that depict violence or negativity.
  - Refrain from using any messaging or images with a religious connotation.
3. Return in person or by mail the completed cards to The Foster Alliance.



Purchase Youth Bags



Purchase Teen Bags



# BIRTHDAY PARTY IN A BAG



The Foster Alliance provides a Birthday Party in a Bag with all of our Birthday Dreams gift packages. Many children in foster care have never had the opportunity to celebrate a birthday before. A Birthday Party in a Bag provides a child with a celebration to accompany the gifts they receive.



## SUPPLIES

- ✓ Birthday gift bag
- ✓ 1 Boxed cake mix
- ✓ 1 Tub cake frosting
- ✓ 1 Aluminum cake pan
- ✓ 1 Pack of birthday candles (individual candles, not numbered)
- ✓ Minimum of 4 birthday decorations (streamers, balloons, party favors, hats, noisemakers, etc.)

## INSTRUCTIONS

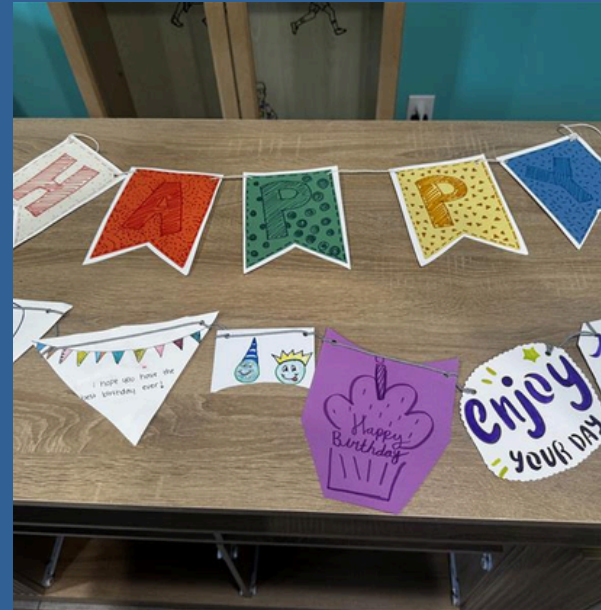
1. Collect or purchase the supplies listed to the left.
  - a. Please note that these bags are given out at random, therefore we ask that items are not overly age/gender specific.
2. Fill gift bag with all items.
3. Optional: Write a non-religious birthday message to place in the birthday bag.
4. Return completed bags to TFA.



# BIRTHDAY BANNERS



The Foster Alliance provides a Birthday Party in a Bag with all of our Birthday Dreams gift packages, which allows children to decorate and celebrate on their special day. Our birthday banner opportunity allows you to create your own hand-crafted birthday decoration to include in the Party in a Bag!



## SUPPLIES

- ✓ Card stock
- ✓ Coloring supplies
- ✓ Stencils (if needed)
- ✓ Scissors
- ✓ String/twine

## INSTRUCTIONS

1. Decorate individual pieces of cardstock in the design of your choosing. Feel free to get as creative as you'd like!
2. Cut out your designs and set them up in the order you'd like them to be strung.
3. Use a hole punch and string or twine to string your designs together.
4. Return in person or by mail the completed banners to The Foster Alliance.

# TIE BLANKETS / BABY BLANKETS



The Foster Alliance can always use blankets for babies and children in foster care. Blankets are a great way to soothe and provide comfort to the children in care. Instructions on how to make a no-sew tie blanket are included below.

*Quilts and knitted blankets are also welcome.*

## SUPPLIES

- ✓ 2 pieces of coordinating fleece, 1.5 yards each (or larger, depending on the size blanket you want to make)
- ✓ Fabric scissors
- ✓ Measuring tape
- ✓ Permanent marker



## INSTRUCTIONS

1. Cut fleece: Cut your fabric down to the size you want it but add 4 inches. (If you want a 3-foot by 2-foot blanket, you will cut the fabric to 3-foot 4 inches by 2-foot 4 inches.)
2. Arrange fleece: Make sure both pieces of fabric are pointing out and lay one on top of the other.
3. Cut slits: Start making 1-inch wide and 3-inch-long slits along one side of the blanket. When you get to the end of each side, you will want to cut a 3-inch by 3-inch square in the corners.
4. Tie strips: Start tying your strips of fabric by making a circle with the two strips together and then pulling the end through the circle. Work your way down until you have tied all sides of the blanket.
5. Return completed blankets to TFA.



# COLLECTION DRIVES



The Foster Alliance thrives off of community support, especially when it comes to collection drives. These drives are an extremely important component of our operations. Your efforts and partnership help make a difference in the lives of these children. A collection drive is also a great way to involve your community, organization, or school.

Below is a complete list of our ongoing collection drives, and we always welcome your ideas or suggestions! We are happy to provide you with a collection drive box as well.



**Back to School Drive**



**Diaper Drive**



**Birthday Party in a Bag**



**Personal Care Drive**



**Book Drive**



**Pajama Drive**



**Clothing Drive**



**Toy Drive**

For more information on collection drives, please visit [TheFosterAlliance.org](https://TheFosterAlliance.org).